

CPD Challenge

Questions

1. Which of the following statements are TRUE or FALSE concerning what is known about COVID-19 pandemic?

- While mother-to-child transmission of COVID-19 can occur in utero, intrapartum and in early postpartum period, vertical transmission is rare.
- COVID-19 vaccine effectiveness peaks a few weeks after the 2nd dose but will fall by 20 weeks.
- Although Ivermectin has been fronted as one of the therapies in the treatment of COVID-19, its officiousness has not yet been fully established.
- While prone positioning of patients with severe acute respiratory distress is considered a gold standard of care, the role of this strategy in ameliorating outcomes in less critical patients remains unclear.
- All TRUE

2. Please indicate which of the following are TRUE or FALSE regarding the appropriate treatment of cryptococcal meningitis.

- Amphotericin B remains the backbone of treatment of cryptococcal meningitis.
- Standard treatment of cryptococcal meningitis is amphotericin B deoxycholate plus flucytosine, followed by fluconazole.
- Single-dose liposomal amphotericin B is superior to WHO recommended standard treatment of cryptococcal meningitis.
- Although amphotericin B is efficacies for the treatment of cryptococcal meningitis, it remains notorious for its toxicity, and highly dependent on the length of exposure.
- All TRUE

3. Which of the following are TRUE or FALSE regarding the things to consider in the management of high blood pressure?

- Greater exposure to thiazide-type diuretics and renin-angiotensin system (RAS) blockers are associated with

a reduction in adverse cardiovascular events such as heart failure and myocardial infarction.

- The targets for intensive blood pressure control are a systolic BP of less than 130 mmHg.
- Intensive systolic pressure control does not increase the risk of stroke.
- There is always a risk of stroke with aggressive reduction of systolic pressure to less than 130 mmHg.
- To avoid any risk of stroke is recommended to always aim to systolic targets between 130-149 mmHg.

4. Which of the following statements are TRUE or FALSE concerning use of mosquito nets in malaria control.

- Although insecticide-treated mosquito nets (ITNs) are known to play a major role in malaria control, there is still debate about the long long-term impact of their use.
- There is a strong association between early-life ITNs-use and survival to adulthood.
- Survival benefit of ITNs does not persist to adulthood.
- Long-term survival benefit of ITNs improves when used for at least 5 years.
- All TRUE

5. What is TRUE or FALSE concerning the effect of sleep extension on energy intake among adults with overweight in real-life settings?

- There is now enough scientific evidence showing that inadequate sleep increases the risk for obesity.
- Consistent healthy sleep duration may play a role in obesity prevention and treatment.
- It is not clear if extending sleep duration may lessen the risk for obesity.
- Sleep duration is inversely correlated with change in energy intake.
- All TRUE.

Answers

1. True: all.

2. True: a, b, d. False: c, e.

3. True: all.

4. True: a, b, d. False: c, e.

5. True: a, b, d, e. False: c.

XN-31

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